

Specializing in Cosmetic
Surgery Since 1973

ST. LOUIS COSMETIC SURGERY INC.

*When you want Experience...
You want St. Louis Cosmetic Surgery.*



DR. HERLUF G. LUND JR., MD FACS
DR. BRUCE I. WHITE, MD FACS
DR. WILLIAM H. HUFFAKER, MD FACS
314.569.2030
456 N. New Ballas, Suite 211

Sign up for one of our Complimentary Seminars:

Reduction and Tummy Tuck November 15th
Breast Augmentation December 13th

Be in every Sunday at 11:00am on 97.1FM Talk for the About You Show. The Doctors of St. Louis Cosmetic Surgery Co-Host with radio on-air personality Kristi Carson. The show will cover everything from cosmetic surgery to fitness training to how to get a great hairstyle. This show will give you all the answers for looking great and feeling great!

www.stcosmeticsurgery.com



November/December 2004 Today's Home

A Necklift will make your necklaces sparkle again.

Pull out your favorite necklace, it will look stunning after a necklift. A necklift is a cosmetic procedure that is similar to a facelift, but just benefits the neck. Unfortunately it does not correct the jowls like that of a facelift. It has less downtime than a facelift, and can really hide your age. You may have heard the saying you can always tell how old someone is by looking at their neck. So if their neck does show their age, they typically don't show it. They wear absolutely nothing that will draw attention to their neckline, like a v-neck dress with a stunning necklace. You know who you are, when someone takes your photo, you smile and lift your chin, to help smooth out the lines on your neck. Oh, you didn't even notice that you did that? We have to admit in the past we did tend to give less attention to our necks. We wash, we moisturize, and we apply sunscreen to our face, but the neck. Who would have thought years later that the skin on my neck could actually hang there like that of a turkey's? Plus, the neck is one of those areas that tends to show aging faster (however, the breasts will always win the blue ribbon).

Thank God for plastic surgery. A necklift can be performed under local or general anesthesia and you do go home that day. An incision is made under the chin and the underline tissues (behind the skin) are released from the muscle, the muscle is then tightened, which makes skin look smoother. It is also common to have liposuction under the chin at the same time, to remove any extra fat. A chin strap is then worn for approximately a week to ten days after surgery (tell your friends it's a new earmuffs that everyone is wearing). Place your fingers under each ear and pull up. You got it, a necklift. As mentioned before this is a great procedure with little downtime. If you ever chose to have this procedure, don't be surprised to hear others whisper, how old do you think she is? But her neck still looks great. And that necklace, it's gorgeous!

For more information on Dr. Bruce I. White or St. Louis Cosmetic Surgery call 314/569-2030 or log on to www.stcosmeticsurgery.com. Be sure to tune in every Sunday at 11:00am on 97.1 FM Talk for the All About You Show. With doctors Bruce White, William Huffaker and Herluf Lund and Host Kristi Carson. The show will cover everything from cosmetic surgery to fitness training to how to get a great hairstyle. This show will give you all the answers for looking great and feeling great!

Coming Spring 2005, St. Louis Cosmetic Surgery and Medical Spa to the Chesterfield Valley.

St. Louis Cosmetic Surgery • 456 N. New Ballas, Suite 211 • St. Louis, MO 63141. **THM**

St. Louis November/December 2004

TODAY'S HOME

Living Spaces • Home Improvement • Lifestyles

FREE

The Artful

Home, part 4

Daytrips – "Augusta Christmas Walk"
Cookies – Ready Made Tradition
Up Close & Personal with Griffin Brothers
Feng Shui for Christmas Harmony
Northern Cardinals
Decorating with Dau Home Furnishings
Remodeling You, first in a series

